

November 2019

Gratitude Every Day

Take some time for gratitude every day in November! Write what you're thankful for in the space provided or use it as a prompt for a longer reflection.

Prompts adapted from [November 2018 calendar](http://www.traci-smith.com) © 2018 by Traci Smith www.traci-smith.com

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Gratitude Every Day					Friday	Saturday
					1	2
					An event this month I'm thankful for	A family member I'm thankful for
3	4	5	6	7	8	9
A pastor I'm thankful for	A song I'm thankful for	A place I'm thankful for	A gift I'm thankful for	A simple pleasure I'm thankful for	A possession I'm thankful for	A smell I'm thankful for
10	11	12	13	14	15	16
A freedom I'm thankful for	Veterans Day A veteran or service member I'm thankful for	An act of kindness I'm thankful for	A mystery I'm thankful for	A life lesson I'm thankful for	A book I'm thankful for	A sacred space I'm thankful for
17	18	19	20	21	22	23
A gift from God I'm thankful for	A memory I'm thankful for	A goal I'm thankful for	A treasure I'm thankful for	A teacher I'm thankful for	A promise I'm thankful for	A challenge I'm thankful for
24	25	26	27	28	29	30
An animal I'm thankful for	A friend I'm thankful for	A tradition I'm thankful for	A food I'm thankful for	Thanksgiving Day A moment from today I'm thankful for	A flower I'm thankful for	A moment from this month I'm thankful for