



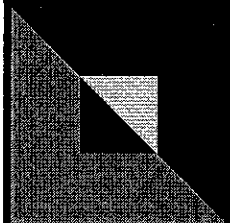
HOLY SPIRIT LUTHERAN CHURCH  
2205 Old Liberty Road  
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Holy Spirit  
Lutheran Church  
*MAY, 2013*  
*Newsletter*





# The Spirit

Holy Spirit  
Lutheran Church

Volume 4  
May 2013

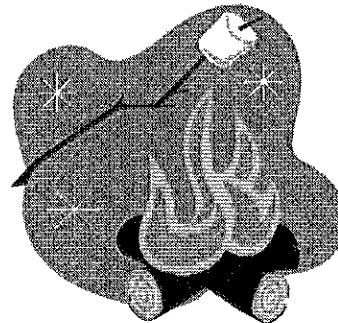
## A Note from Pastor Robin

*"God is doing amazing things through the lives of the people who worship here."*

**W**e are a blessed community. Last month was a great time to be a part of the community of Holy Spirit. We had a variety of different worship services, which started out as faith stories during our Lenten worship. In Holy Week on Maundy Thursday we added anointing and prayer to our service. Good Friday worship was led by our young people and Easter was magnificent with wonderful singing.

The week after Easter was particularly fun as we started the tradition of "Holy Humor Sunday." It was so amazing to watch our young and older people playing kazoos and telling knock-knock jokes. It was a wonderful day giving praise to a God who defeated death and proclaims life!

From April 19<sup>th</sup> to 21<sup>st</sup>, the confirmation students, chaperones, and myself went to Mar-Lu-Ridge for their annual retreat. After 2 years of passing on the opportunity, I finally rode the zip line! Oh, my goodness! It was so much fun. I look forward to this retreat each year, which allows me uninterrupted time with our young people. Andy Jones, dad of Christine Jones, along with our junior advisor, Keelan Hollinger, made an incredible campfire where we roasted leftover "Peeps." They were delicious. Laura Blum, mother of Patrick McCardell, led us through a meaningful worship service. Kim Brecker, mother of Abby Brecker, and Stephanie Sobchak, mother of Chloe Sobchak, assisted with the banner and the organization of the trip. Bea Grant, grandmother of Aexandra Brown, provided a clean and bug-free cabin. I am so grateful to be the pastor of such wonderful people!



We continue to plan for future events here at HSLC. Our Vacation Bible School for all ages will be held July 21<sup>st</sup> to July 26<sup>th</sup> and our youth group will be going on an "Urban Plunge" to South Baltimore the beginning of August.

God is doing amazing things through the lives of the people who worship here. If you haven't already, please ask a friend to come with you to worship. Let them see for themselves the joy, the kindness, the mercy, and the grace that is ours in Jesus Christ, our Lord and Savior.

### Inside this issue:

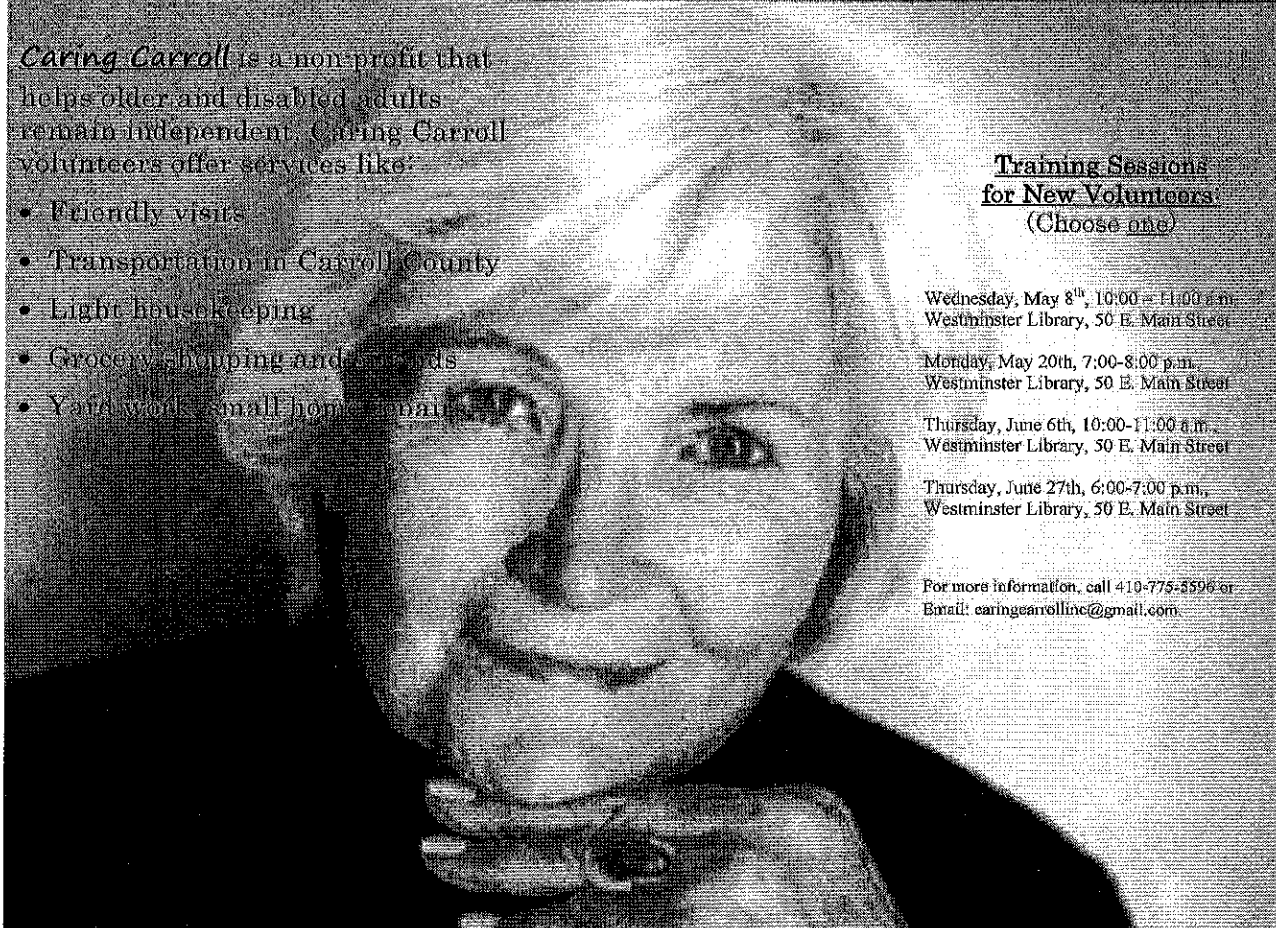
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**Inside this edition, you will find words from your Pastor, committee reports, ongoing events, upcoming events, and other exciting news. We encourage you to take part and get involved at Holy Spirit Lutheran Church.**

*Can you spare an hour a week to help a neighbor in need?*

*Caring Carroll* is a non-profit that helps older and disabled adults remain independent. *Caring Carroll* volunteers offer services like:

- Friendly visits
- Transportation in Carroll County
- Light housekeeping
- Grocery shopping and errands
- Youth work, small home repairs



**Training Sessions  
for New Volunteers!**  
(Choose one)

Wednesday, May 8<sup>th</sup>, 10:00 - 11:00 a.m.  
Westminster Library, 50 E. Main Street

Monday, May 20<sup>th</sup>, 7:00-8:00 p.m.  
Westminster Library, 50 E. Main Street

Thursday, June 6<sup>th</sup>, 10:00-11:00 a.m.  
Westminster Library, 50 E. Main Street

Thursday, June 27<sup>th</sup>, 6:00-7:00 p.m.,  
Westminster Library, 50 E. Main Street

For more information, call 410-775-3596 or  
Email: [caringcarrollinc@gmail.com](mailto:caringcarrollinc@gmail.com)

**Save the Date! Vacation Bible School will be held July 21-26!**

## Greetings HSLC Family,

**F**amily Fun Day was a great success! I am so grateful to all of those that helped out. We saw a lot of new people come in to see what Holy Spirit is all about, and we were able to reach out to the community through the challenge to the congregation to bring a friend.

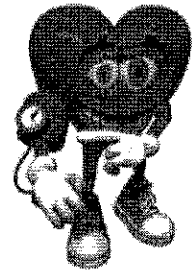
The theme for Vacation Bible School this year is Kingdom Rocks. The dates will be June 21<sup>st</sup>-26<sup>th</sup>. Please watch the bulletin for more information.

Exciting things continue to happen at Holy Spirit for the kids and adults.

Parents, please check with your child to see if they have received offering envelopes. If they have not, please see me or Laura Blum and we will be happy to pass some on.

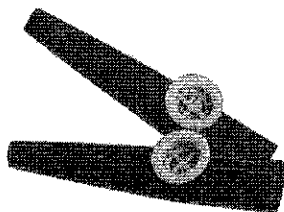
I also would like to remind the congregation that on the first Sunday of each month, blood pressure screenings continue in-between services. They take place in AiM Linda's office.

Peace. Joy, and Happiness,  
Dena



## Music and Worship Announcements

- ◇ Holy Humor Sunday – April 7<sup>th</sup>, the Sunday after Easter – was a new addition to this year's worship service calendar.
- ◇ If you were not in church that Sunday, you missed an enjoyable service of worship, laughter, and kazoos. Yes, kazoos!
- ◇ If you missed it, you're in luck. Lots of positive comments are sure to make this service return again next year.

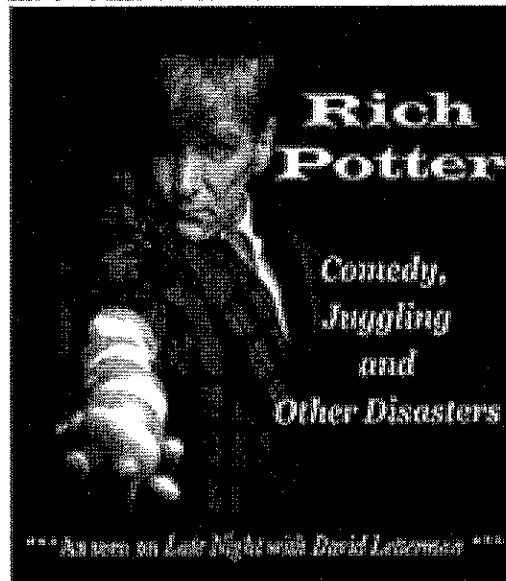


*Nancy Bowman*  
*M&W Chairperson*  
*410-795-3415*

# OH YES IT'S LADIES NIGHT! OH WHAT A NIGHT!

HONORING THE LADIES OF HSLC  
MEN SERVING THE LADIES

Featuring



**Includes: Dinner & Door Prizes**

Where: HSLC DATE: May 18, 2013

TIME: 5:30PM – 8:00PM

TICKETS: \$15.00 Adult

\$5.00 Child (13 & Under)

TICKETS ON SALE AFTER SUNDAY SERVICE

Information contact: Bill Dodson 410-795-0662 Cell # 410-816-0854

## Church & Village: Partners in Ministry

### CLV Welcomes New Associate Chaplain

The Rev. Diane Day has been selected as the new Associate Chaplain at Carroll Lutheran Village. Pastor Day will serve at the Village part-time, as well as part-time at Jerusalem Lutheran Church in Westminster, where she became Pastor in October 2012. She is a graduate of the Lutheran Theological Seminary at Gettysburg and the Bloomsburg University of Pennsylvania.

### May Lifelong Learning Series Opportunities

The spring Lifelong Learning Series courses at Carroll Lutheran Village are now open for registration. Offerings in May include:

**May 6 at 3:15 p.m.:** The Weight of the Nation Part 4 "Challenges" - the obesity epidemic in America is debated

**May 13 at 1:00 p.m.:** A CIA Career – former CIA senior officer and current Carroll Lutheran Village resident Jerry Shinn talks about his time with the clandestine agency.

**May 22 at 3:00 p.m.:** Pre-Diabetes Education – Registered dietitian Pam Xenakis from Carroll Hospital Center discusses ways to manage a pre-diabetic condition to improve health

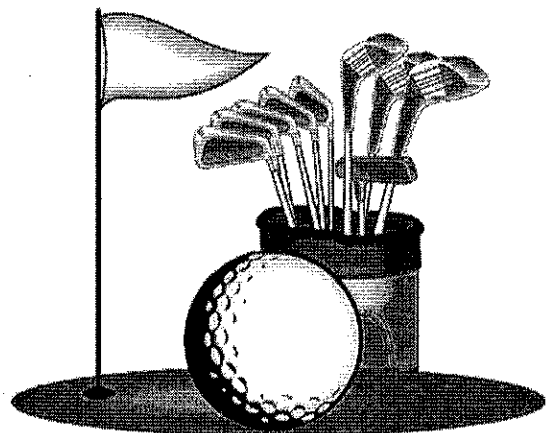
These offerings are free and open to all older adults in the greater community. Registration is required by calling 443-605-1070 or emailing [registration@clvillage.org](mailto:registration@clvillage.org). See a complete list of courses at [www.clvillage.org](http://www.clvillage.org) under the Lifelong Learning tab.

### Site Development Plan Approved for MILLER'S GRANT

Howard County planning officials have approved the site development plan for The Lutheran Village at MILLER'S GRANT, a new continuing care retirement community in Ellicott City sponsored by Carroll Lutheran Village. Work continues on the planning, design and approval processes so that construction can begin as soon as pre-construction sales requirements are met.

### Annual Golf Tournament Scheduled

A few golfer positions remain in the 16<sup>th</sup> Annual Carroll Lutheran Village Golf Tournament scheduled for Friday, June 7 at The Links at Gettysburg. Proceeds from the tournament benefit the Ministry of Caring Fund which helps to support ongoing care of residents of Carroll Lutheran Village who have outlived their financial resources. For details contact Monica at 443-605-1068 or [mburnham@clvillage.org](mailto:mburnham@clvillage.org). Last year's tournament sold out – so don't wait!



## Commissioning First Group of Stephen Ministers

### What Kind of Person Might Receive the Care of a Stephen Minister?

A man like **NOAH**

who witnessed the destruction of everything around him and needed someone to wait with him for a new day.

A woman like **RUTH**

who left everything that was familiar to her and needed someone to journey with her in her new life.

A man like **DAVID**

who grieved the death of a wayward child and needed a shepherd's care.

A woman like **MARY OF NAZARETH**

who lived with both the joys and struggles of having an exceptional child and needed someone to help her sort out the ponderings of her heart.

A man like **PETER**

who found himself in over his head and needed the strong hand of a faithful friend.

A woman like **MARTHA**

who was burdened by the demands of daily life and needed someone to help her regain sight of what was most important.

### **A person like you or someone you know!**

Next month we will be commissioning the first group of Stephen Ministers at Holy Spirit. They will be trained and eager to offer Christian care and concerned listening to people when they need it most. To find out more about how you or someone you know could be matched with a Stephen Minister, please see Pastor Robin or me.

- AiM Linda





## FLEA MARKET

Saturday, July 13<sup>th</sup>

8:00 a.m.-2:00 p.m.

Attack the attic! Straighten up the garage! Clean out the closets!

Save your unwanted valuables for our in-door Flea Mart in July!

(NO clothes, please.)



Collections Times:

Thursday 7/11 – 6:00 to 9 p.m.

Friday 7/12 – 10:00 a.m. to 2:00 p.m.

*Got Questions? See Nancy Bowman or Patsy Taylor.*

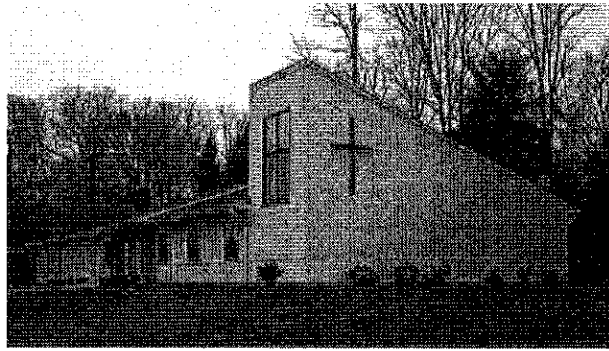
## Preschool Graduation in Sight

**A**nother year has come and gone and it is hard to believe. We have had a very successful year! We would like to thank the church family for supporting us through the year. We still have many openings in all the classes for the fall. If you know of anyone looking for a preschool, please have them call the school office at (410) 795-2287.

The children have learned about their letters and the sounds they make, the world around them, and how to play and work together. They are ready to move on to their next adventure whether it is kindergarten, another school, or another class here at Holy Spirit.

We will have one graduation celebration this year. The whole school will have a formal graduation on May 20<sup>th</sup> at 10:00 a.m. We will celebrate with a school picnic on May 17<sup>th</sup> at Freedom Park at 10:00 a.m. till 1:00 p.m. Anyone from the church is welcome to come to any of our events.

Our large window is in poor repair. The window has been leaking for several years and the surrounding walls are damaged. The cost to replace the window and



repair the walls is \$8,000. The situation was reported at the last annual meeting. Unfortunately, we do not have funds in the budget to replace the window. The Council has authorized a Fund Raiser to replace the window.

Look for the easel at the back of the church. The poster represents our financial goal to replace the window. The poster is covered in colored squares. When all the squares have been removed, and you see all the pictures, we will have met our goal! The values of each colored square are: Red=\$1, Yellow=\$5, Green=\$10, and Blue=\$25

Envelopes marked "Window Repair" are in your bulletin. Please put your donation in the envelope, place it in the offering plate, and then remove the appropriate squares. Be sure to write your name on the envelope so that your donation is recorded. All contributions are tax deductible.

Thank you!!!

For More Information or any questions, please contact:

Alyson Lamb @ 410-635-3883

Or

Pastor Robin in the church office @ 410-795-6333

Greetings HSLC family,

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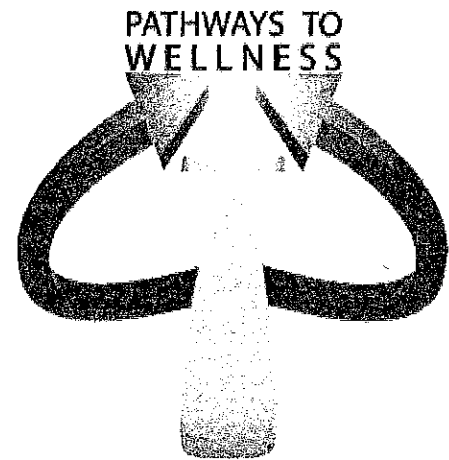
Peace. Joy and Happiness,  
Dena

## Mental Health Month: Pathways to Wellness

For more than 60 years, Mental Health America and our affiliates across the country have led the observance of May as Mental Health Month by reaching millions of people through the media, local events and screenings. This year's theme is *Pathways to Wellness*.

### Key Messages

1. Wellness - it's essential to living a full and productive life. It's about keeping healthy as well as getting healthy.
2. Wellness involves a set of skills and strategies that prevent the onset or shorten the duration of illness and promote recovery and well-being. Wellness is more than just the absence of disease.
3. Wellness is more than an absence of disease. It involves complete general, mental and social well-being. And mental health is an essential component of overall health and well-being. The fact is our overall well-being is tied to the balance that exists between our emotional, physical, spiritual and mental health.
4. Whatever our situation, we are all at risk of stress given the demands of daily life and the challenges it brings-at home, at work and in life. Steps that build and maintain well-being and help us all achieve wellness involve a balanced diet, regular exercise, enough sleep, a sense of self-worth, development of coping skills that promote resiliency, emotional awareness, and connections to family, friends and community.
5. These steps should be complemented by taking stock of one's well-being through regular mental health checkups and screenings. Just as we check our blood pressure and get cancer screenings, it's a good idea to take periodic reading of our emotional well-being.
6. Fully embracing the concept of wellness not only improves health in the mind, body and spirit, but also maximizes one's potential to lead a full and productive life. Using strategies that promote resiliency and strengthen mental health and prevent mental health and substance use conditions lead to improved general health and a healthier society: greater academic achievement by our children, a more productive economy, and families that stay together.



**Holy Spirit  
Lutheran Church**

Holy Spirit Lutheran Church  
Evangelical Lutheran Church of America  
2205 Old Liberty Road  
Eldersburg, MD, 21784

Church Office Phone: (410) 795-6333  
Preschool: (410) 795-2287

Pastor: [hslc.pastor@comcast.net](mailto:hslc.pastor@comcast.net)  
Parish Administrator:  
[hslc.eldersburg@comcast.net](mailto:hslc.eldersburg@comcast.net)

Sunday Worship Service: 8:30, 10:45 am  
Sunday School: 9:30 am

Visit us online at  
[www.hslceldersburgmd.org](http://www.hslceldersburgmd.org)

**“Our purpose is to love God  
and to bring people into a  
growing relationship with  
Jesus and His church.”**



For newsletter updates, please send your electronic version to Lindsay Holbig at [Lpodobnik@yahoo.com](mailto:Lpodobnik@yahoo.com), contact the church office at (410) 795-6333, or leave your printed copy in Ami O'Hara's church office mailbox.

**Updates are due the 15<sup>th</sup> of each month.**

## Electronic Giving

**W**e are considering offering an electronic giving program. This program would draft money from your checking account at assigned intervals and would replace writing checks for your offering.

This should be an aid for those families who currently use electronic bill pay and help the Church receive offerings on a consistent basis.

More details will follow later in the year. Please call (410-795-2921) or email ([uncmiltie@comcast.net](mailto:uncmiltie@comcast.net)) Milt Taylor with any thoughts or questions about this service.